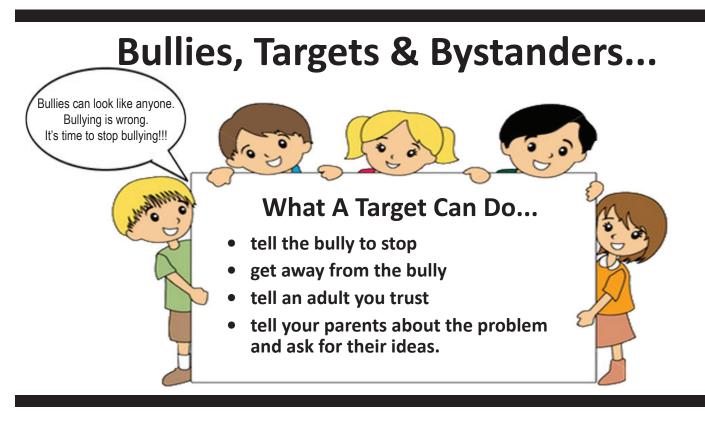
## VERA HOUSE presents: Safe Choices

A program designed for the 2nd grade level to help students: identify bullies and safe options for their targets, develop safety plans if there is family violence, recognize abusive and respectful behaviors, discuss personal safety rules and develop plans for personal safety.

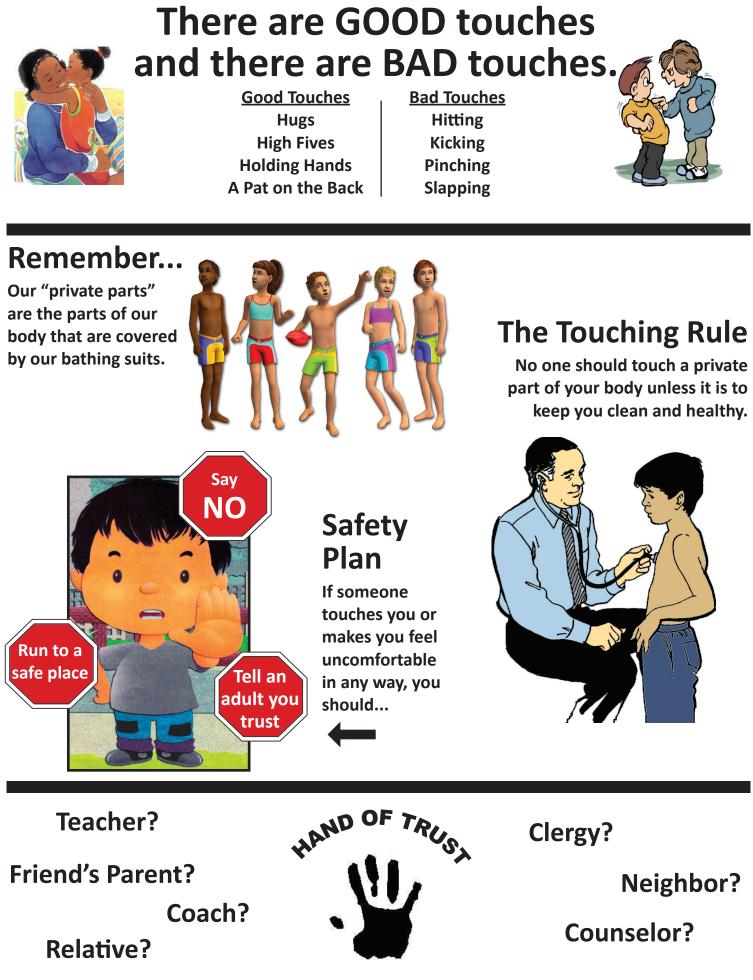


Most families have arguments or disagreements. But if you are scared or don't feel safe because adults are fighting, you can...

- 1. Get to a safe place
- 2. Tell an adult you trust



24-Hour Crisis & Support Line ( (315) 468-3260 TTY Crisis Line ( 315) 484-7263 (business hours) Vera House, Inc. 6181 Thompson Rd Suite 100, Syracuse, NY 13206 ( (315) 425-0818



WHO CAN KIDS GO TO WHEN THEY NEED HELP?