

SEXUAL ASSAULT & ABUSE

Sexual Violence is About Power & Control!

Sexual abuse and assault can take many forms and happen in many ways.

- ▼ Forcing sex
- ▼ Forcing specific sex acts or sex with others
- ▼ Unwanted sexual touching
- ▼ Refusing to practice safer sex
- ▼ Cheating/sex outside of your relationship without your knowledge or consent
- ▼ Refusing to negotiate and/or not respecting contract/scene limits or safe words

CRISIS & SUPPORT HOTLINE

LGBTQ Intimate Partner Violence...

Is any behavior used to control another person through fear, humiliation, physical violence, sexual violence, and/or verbal and emotional abuse.

INTIMATE PARTNER VIOLENCE

Relationship Violence is About Power & Control!

Abusive intimate partners use power & control in many different ways:

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| ✓ | Physical Abuse - hitting, kicking, pushing, physical restraint |
| ✓ | Sexual Abuse - forcing sex, unwanted sexual touching |
| ✓ | Financial or economic abuse |
| ✓ | 'Outing' or threatening to 'out' you to friends, family, coworkers |
| ✓ | Threatening to hurt you, your family, friends or pets. Threatening to hurt themselves to control your behavior |
| ✓ | Withholding approval, appreciation, or affection as punishment |
| ✓ | Intimidating you |
| ✓ | Outing, shaming, or questioning your gender identity |
| ✓ | Minimizing, denying, or blaming you for their abusive behavior |
| ✓ | Preventing you from working, seeing friends, or going to school |
| ✓ | Criticizing or humiliating you in public or private |
| ✓ | Keeping you from using your phone, car, money, or other shared possessions |

For More Information,
Visit Our Website at:
www.verahouse.org

If you want to talk to someone who can listen and help you explore options call the

Vera House
24-hour Crisis & Support
Hotlines

☎ 315-468-3260

TTY Crisis Line
(business hours)

☎ 315-484-7263



PROGRAMS & SERVICES

- **24 Hour Crisis & Support Lines**
315-468-3260/315-422-7273
- **Emergency Shelter Services**
Comprehensive sheltering services for everyone in crisis regardless of gender expression or identity and for lesbian women, gay men, and people who identify as bisexual
- **New Directions: Rape Crisis & Sexual Assault Services**
Crisis response, counseling, advocacy & referrals
- **Outreach & Advocacy Program**
Support & advocacy for victims of domestic & sexual violence and other crimes, including hate crimes. Support such as safety planning and assistance in navigating the legal system
- **Pet Foster Care Program**
Volunteers provide short-term care for pets
- **Syracuse Area Domestic & Sexual Violence Coalition**
Community response to domestic & sexual violence, including the LGBTQ Relationship & Sexual Violence Committee
- **Sexual Assault Nurse Examiner Program (SANE)**
24-hour response for victims of sexual assault

REACHING OUT FOR HELP

Please call one of these resources if you or a loved one may be a victim of relationship violence or sexual assault.

Vera House 24-Hour Crisis & Support Lines

- ☎ 315-468-3260 - Domestic Violence
- ☎ TTY - 315-484-7263 (business hours)

NYS Domestic & Sexual Violence Hotline

- ☎ English - 800-942-6906
- ☎ Spanish - 800-942-6908
- ☎ TTY - 800-787-3224

NYC Gay & Lesbian Anti-Violence Project

- 24-Hour, bilingual Domestic Violence Program Hotline
- ☎ 212-714-1141
- www.avp.org

National Domestic Violence Hotline

- ☎ 800-799-7233

Developed by:

The Syracuse Area Domestic & Sexual Violence Coalition's
LGBTQ Domestic & Sexual Violence Committee

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- ▼ INTIMATE PARTNER VIOLENCE
- ▼ SEXUAL ASSAULT & ABUSE
- ▼ RESOURCES FOR HELP

VERA HOUSE IS PROUD TO SERVE LESBIAN, GAY, BISEXUAL, TRANSGENDER, QUEER, AND QUESTIONING SURVIVORS OF VIOLENCE.